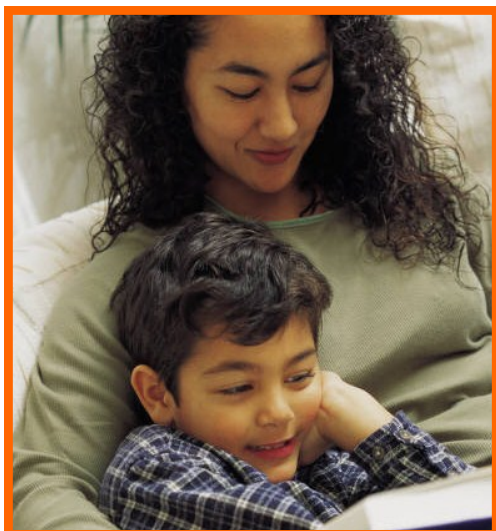


# Parents matter



MILWAUKEE CENTER FOR INDEPENDENCE



## Community Living

The MCFI Community Living Program provides community based support to parents of all ages and ability levels. Using the Nationally Accredited Nurturing Parenting Program, Community Living teaches and enhances nurturing skills. Aimed at building the family management skills needed to be a successful parent, the MCFI Community Living Nurturing Parenting program helps parents with disabilities and the parents of children with disabilities.

The service is provided in either a group or one-on-one setting, depending on the needs of participants, and includes the following lessons:

- Philosophy and practices of nurturing parenting
- Ages and stages of growth for infants and toddlers
- Ways to enhance positive brain development in children and teens
- Communicating with respect
- Building self-worth in children

Contact the MCFI Community Living Program for more information:

414.937.2069

[www.mcfi.net](http://www.mcfi.net)

[communityliving@mcfi.net](mailto:communityliving@mcfi.net)

## SmartBaby



**The first step to happy parenting.**

SmartBaby is here to help with your questions about pregnancy and delivery, your baby's well-being and your future. We can help you find the services that you need to make sure that you and your baby are healthy and happy right from the start. SmartBaby can help you find a prenatal health provider, connect you with community resources and match you with a Mommy Mentor— someone who's been there. We'll also help you learn about your child's developmental milestones. To get started, please contact Sara Herr, SmartBaby Coordinator, at 414.937.3998 or [sara.herr@mcfi.net](mailto:sara.herr@mcfi.net)

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